

Your Independent Reviewing Officer is:

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Their mobile number is:

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Their email address is:

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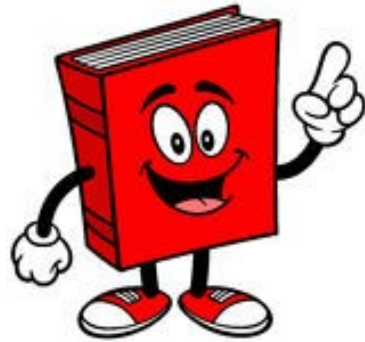
Your Independent Reviewing Officer



This leaflet explains how Nottingham City Council Childrens Services makes plans for your care and how your Independent Reviewing Officer (IRO) reviews those plans with you and the people working with you.

Your Plan

Your Plan says how you will be cared for and what needs to be done.



Your Plan includes:

- Who will look after you
- Where you will go to school
- How we will make sure you are healthy
- How you can do the things you enjoy such as sport or hobbies
- Who you might see in your family?
- How you can practice your faith and culture
- What will happen to you in the future

Your social worker must listen carefully to your wishes and feelings. They must also listen to what your parents have to say and talk to other people, such as your teacher.

After your Review

Your social worker should talk to you after your review to make sure you understand what was talked about and agreed.

What we talk about in your review will be written down and posted to you. If you want to talk about things said at your review, you can speak to your social worker or IRO.

Making a Complaint

If you do not agree with any decisions that were made, you can speak to someone you trust, like your advocate. If you are still not happy you can make a complaint to:

Social Care Complaints Service, Loxley House, Station Street, Nottingham NG2 3NG

Tel: 0115 8765974

Email: socialcarecomplaints@nottinghamcity.gov.uk

SMS Text Facility: 07949185329



Attending your Review Meeting

You should be part of any decisions for your future. If you are worried about talking in the review, you can ask someone you trust to speak for you. You do not have to stay for all of the meeting and you can go out at anytime.

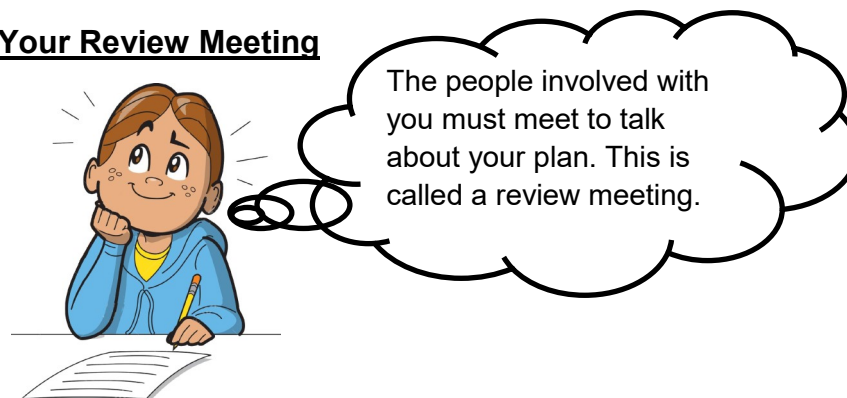
If you do not want to go to your review, you can talk to your advocate, IRO or someone you trust.

Preparing for your Review Meeting

Before the meeting you will be given a consultation paper or you can also use the Mind of My Own app. You could also write a list, use a video, send a text, draw a picture, write a song or a poem to help you say what you want to say to the person you trust.



Your Review Meeting



The people involved with you must meet to talk about your plan. This is called a review meeting.

People who are invited to you Review Meeting

This is your meeting, so it is important that you are there. You can share your views by coming to the review, speaking to your IRO or by completing a contribution paper or through the Mind of My Own app.

The other people who may be there are:

- Your Parents
- Your carers
- Your social worker
- Your foster carers social worker
- Your teacher
- Your children's guardian
- Your advocate

You can talk to your social worker and IRO about who should come and where the review meeting is held.

How often Review Meetings Happen

The first review meeting is held within 4 weeks of you coming into care. After that the second review is held within 3 months. There will be more reviews every 6 months after that.



The Independent Reviewing Officer (IRO)

Every child and young person who is a child in care must have an IRO. It is their job to:

- Chair the meeting
- Make sure that everyone listens to what you have to say.
- Check that everyone is keeping to their part of the your plan.
- Check that there are clear plans for your future.



At the review the IRO will want to hear about what you have done well or anything you would like to change. So that you can get the help and support you need.

Your IRO will want to meet you before the review meeting to make sure you understand what the review meeting is all about and to hear what you have to say. This will give you the chance to say what you want to talk about and if there are things you do not want to talk about.