

# # NOTTINGHAM YOU'VE BEEN MISSED

Find out more about our services by  
visiting our social media channels:

 CAMHS Nottingham City

 @nottm\_eps

 [asklion.co.uk/mhstnottingham](http://asklion.co.uk/mhstnottingham)

 @camhs\_nottinghamcity

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For Young People | Access to Education | Support with Mental Health  
Children's Integrated Services  
CAMHS-MHST-Educational Psychology Service



## ARE YOU WORRIED ABOUT YOUR CHILD RETURNING TO SCHOOL?

We're here to support families with children / young people successfully return to school this September.

**If you have a question or concern and would like to talk to someone, call our dedicated team on 0115 876 4700.**

**We're open Monday to Friday, 9am-5pm.**

Additionally, they may find our weekly self-help YouTube videos - directly addressing the worries of children and young people - useful. These can be found at [camhsnottinghamcity](https://www.camhsnottinghamcity.com).