



CAMHS (City) CLA Team

Who are we?

We are a multidisciplinary team who work with children and young people in Nottingham City who are 'Looked After' by the Local Authority and either live in foster care, residential care or live independently, up to the age of 18.

We have workers with a variety of skills to help us support children and young people in the way that's best for them.

We offer...

Direct work

We can provide one to one support using different ways such as art, play or talking therapies, depending on the child/ young person's needs.

Theraplay

We use Theraplay to support carers and children to build their attachment with each other in a therapeutic setting through play and nurture.

Fostering Attachments Group

We run groups for foster carers to help them develop their skills in caring for the child/ young person they look after.

Consultations

We work very closely with Social Workers and Foster Carers as well as other professionals involved in the child's network to make sure we are all working together to promote health and wellbeing.